

*Programme Overview*

SELF MANAGING  
LEADERSHIP®



*SML addresses the “Inside-Out” dimensions of personal leadership, helping participants define their focus and vision for their next steps in life and at work.*

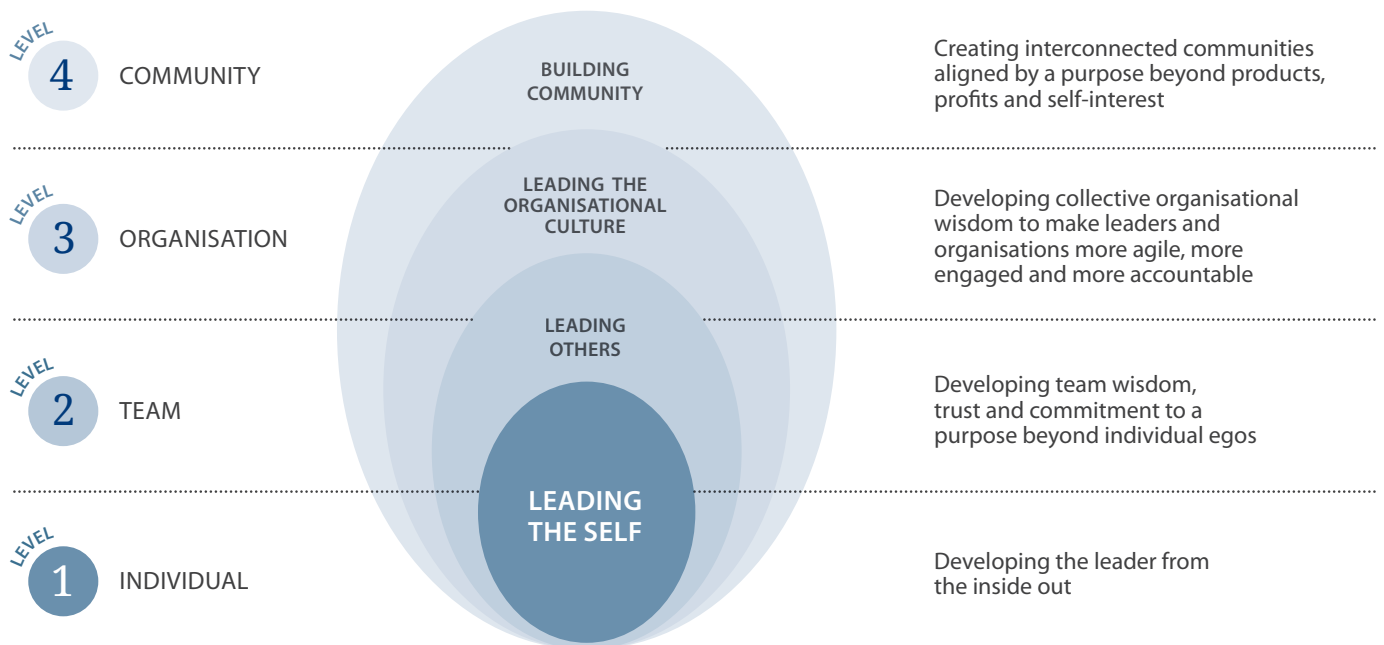


## SELF MANAGING LEADERSHIP®

Over 300,000 executives have benefited from the Self Managing Leadership (SML) experience. SML takes an ‘inside-out’ approach to leadership, helping participants define their focus and vision for the next chapter in professional and personal life.

### *Learn to Lead Change from the Inside Out*

SML provides a powerful step-by-step framework for personal focusing, changing negative habits, making critical choices and bringing plans to life. Participants learn how to influence change at the individual, team and organisation level.



### *What you Will Learn about Leadership and Yourself*

- How to understand **CONTEXT** and make good **CHOICES**
- How to identify and change individual **VITAL BEHAVIOURS**
- How to transform embedded **HABITS AND PATTERNS** in a team or in an organisation
- How to **ALIGN** your strengths and **CAPABILITIES** with your focus to achieve a breakthrough in professional and personal life
- How to create a common compelling **PURPOSE** for yourself
- Define your **FOCUS** for the next chapter in your life and develop a 90-day action plan to execute it. This is expertly facilitated and managed by a dedicated support team.



*“I don’t know how you can be an effective leader within Telefónica if you did not go through this programme and buy into its philosophy.”*

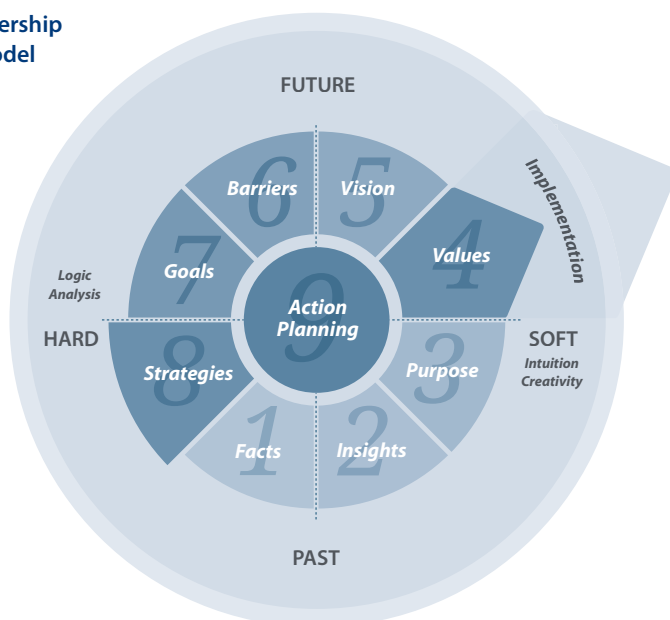
**René Schuster**  
CEO, Telefónica  
Germany GmbH



## Develop your Leadership from the Inside Out

The way in which you conduct your personal life profoundly impacts your ability to make good choices and influence others in your professional life. There is a direct correlation between leading yourself and your ability to lead others.

### Oxford Leadership Compass Model



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## Leadership is Personal - It's all about Relationships

With Self Managing Leadership®, you will develop a clear sense of direction, clarify your options and improve your ability to make tough choices.

- Learn how to lead through influence, not authority
- Learn how to transform bad habits and patterns into good ones
- Learn how to make better choices by being a 'detached observer'
- Develop and strengthen your intuitive, emotional and social intelligence
- Identify and leverage your core strengths and qualities
- Focus on the few things that will have the greatest impacts on your life
- Create breakthrough goals and an action plan to execute them

*“It is difficult for a training course to surprise me, as I have done so many during my career. However, I can definitely say, that this was the best training of my life.”*

### Kirill Liseyev

General Manager  
Akzo Nobel, Russia



*“SML is an inspirational experience that allows personal leadership to be the starting point and anchor for better team and organisational leadership. Top leaders will benefit from making this leadership journey that touches their hearts and minds.”*

### Heiko Hutmacher

Member of the Board of  
METRO AG with responsibility  
for Human Resources



*“I loved the focus on the whole person and the framework for planning the next chapter.”*

### Glenda Sahadow

Employee Engagement  
Communications Manager  
Unilever, Africa

For further information:  
Go to [www.oxfordleadership.com](http://www.oxfordleadership.com)  
or contact Global Headquarters

Oxford Leadership™ is a global leadership consultancy specialising in the people and cultural side of organisational transformation in very large enterprises.

We have over 215 partners, consultants and coaches in 28 countries throughout Europe, Latin America, Asia and the Middle East.

We are C-suite consultants and facilitators, coaches and mentors.

We transform leaders, align teams and create fierce resolve and passion to win. Typical interventions are to accelerate performance, execute strategy and embed capability and change.

Our leadership development programmes have over 300,000 executive alumni. Our programmes have been part of the core curriculum in many of the world's most prestigious corporate universities.

Our methodologies are based on experience gained from supporting more than 100 corporate turnarounds and performance acceleration assignments in FTSE 100 and Fortune 500 companies.

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